

## PDP example 3 – step-by-step process

You may prefer to take a more detailed, methodical, step-by-step approach. This example illustrates how you might do that.



This example includes illustrative content across a range of professions, it is not intended to be an example of an individual's PDP.

Name:			Registration number:		
What do I want or need to learn about, and / or become more proficient at?	How does this relate to my practice?	How will I meet this learning need? PDA/s planned:	What resources do I need to perform the PDA/s?	What benefit will this have for my practice?	Target date for completion
What skills or knowledge have you identified that need developing or maintaining? Are there any gaps in your knowledge or skills that need addressing?	Why have you identified this, how does it relate to your daily job, patients, or tasks?	What PDAs could you do to help meet your learning need? (for example, research / reading, courses, lectures, hands-on workshops, clinical observation, case reviews, non-clinical practice related activities)	What or who can help you perform this PDA?	How will PDAs in this area help you improve your daily work and / or care for your patients?	By when do you expect to have completed the planned PDAs?
<i>Examples:</i>  <i>Management of the older dentate patient</i>	<i>Many of the patients in my practice are older adults</i>	<i>Attend day course re management of the older dental patient</i>  <i>Find or develop a template for assessment of the older patient</i>  <i>Internet research on gerodontology</i>	<i>Professional peer – discuss potential online sources for template / gerodontology</i>	<i>Improved diagnosis, prevention, and treatment planning for the older dentate patient</i>	<i>Day course 15.10.2022</i>  <i>Online research, 2 – 3 sessions before course</i>  <i>Assessment template by 1.11.2022</i>

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<i>Management of non-carious tooth tissue loss</i>	<i>Patients increasingly presenting with extreme erosion and attrition – would like to be able to offer a conservative functional and aesthetic solution</i>	<i>Lecture Internet research on causes of tooth wear and management</i>	<i>N/A</i>	<i>Confidence in restorative management for moderate to severe cases of non- carious tooth tissue loss.</i>	<i>'Management of the worn dentition' 7.2.22 Online research week before lecture</i>
<i>Update in endodontics</i>	<i>No local endodontist, travel prohibitive for many of my patients</i>	<i>Course – one day lecture and one day hands on workshop Practice visit to endodontist</i>	<i>Endodontist – practice visit to observe</i>	<i>Improve skills in endodontic technique. Reassurance that technique is up to date</i>	<i>Course 3.4.22, workshop and 4.4.22 Practice visit in May</i>
<i>Implant surgery and restoration</i>	<i>Am seeing a greater number of patients interested in implants</i>	<i>Lecture Hands on workshop Request observation of implant surgery</i>	<i>Oral surgeon and / or periodontist – for surgery observation</i>	<i>Broaden exposure to implant restoration cases and techniques Develop skills in implant restoration Gain insight into implant surgery</i>	<i>Lecture 5.6.22 Workshop 3.7.22 Observation – aim for a day in July, and a day in August</i>
<i>Oral cancer detection</i>	<i>Want to be sure my knowledge of risk factors, methods of detection etc. is up to date</i>	<i>Lecture</i>	<i>N/A</i>	<i>Confidence in detecting potentially cancerous lesions and knowing referral pathways</i>	<i>Lecture 4.5.22</i>

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<i>Maintenance of CPR skills and use of defibrillator; and managing medical emergencies</i>	<i>Not a recertification activity, but a biannual requirement by Dental Council for safe practice  Important for patient safety</i>	<i>Emcare CPR refresher course  Reading before course – ME practice standard appendices and course manual</i>	<i>Apply for leave / financial assistance to attend course</i>	<i>Ensure appropriate management in the event of a medical emergency / collapse</i>	<i>Refresher course 18.9.22</i>
<i>Clinical photography</i>	<i>Part of my new role is to take the photographs the orthodontist requires for treatment planning</i>	<i>Half day course – lecture and hands-on</i>	<i>Apply for leave / financial assistance to attend course</i>	<i>Enable me to take clinical photographs competently</i>	<i>Course 9.8.22</i>
<i>Infection prevention and control</i>	<i>Am the practice owner, and want to be sure that I'm up to date with best practice in this area, so that can be reflected in the practice procedures</i>	<i>External trainer comes to the practice to go through IPC procedures with all team members</i>	<i>External trainer</i>	<i>Will ensure practice IPC procedures are consistent with best practice, and that all team members know them (for patient protection)</i>	<i>Arrange for external trainer to come into practice November 2022</i>
<i>Maintain skills in clinical teaching</i>	<i>I work as a clinical tutor for undergraduate students</i>	<i>Refresher course on skills and techniques for teaching undergraduate students</i>	<i>N/A</i>	<i>Will ensure that my teaching skills are in line with current best practice standards</i>	<i>By end September 2022</i>

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<i>Record keeping</i>	<i>Essential daily activity – want to be sure am following best practice</i>	<i>Workshop</i>	<i>N/A</i>	<i>Make sure I'm completing sufficient notes for my patients that meet Dental Council standards</i>	<i>Workshop 8.5.22</i>
<i>Material update: ceramic, metal alloys and composites</i>	<i>In my role (dental technician) it is vital that I keep up to date with the latest materials and technologies</i>	<i>Online courses and lectures</i>	<i>Discuss with professional peer their experience of online courses in this practice area</i>	<i>Ensure I'm providing high quality, appropriate products</i>	<i>By end August 2022</i>
<i>Stainless steel crowns for deciduous molars</i>	<i>A lot of the children I see have high caries experience in their deciduous dentition – I want to maintain and update my skills and knowledge in this practice area to continue offering SSCs as a restorative option</i>	<i>Lecture and hands on workshop</i>	<i>Talk with manager re arranging cover so I can attend course for the day</i>	<i>Build on my clinical skills in this practice area, make sure my knowledge and technique are current</i>	<i>18.9.22</i>